

Fasting

All Catholics fourteen years of age and older are obliged to abstain from eating meat on Ash Wednesday and on all the Fridays of Lent. Catholics between the ages of eighteen and fifty-nine are obliged to fast on Ash Wednesday and Good Friday. The fast means taking only one full meal and, if necessary, two small meals that together would not make a full meal. Nothing is taken to eat between meals. The laws for fast and abstinence do not apply to people who are sick, or those who need to eat at certain times for health reasons (to take medicine, while expecting, etc.). Those who cannot fast are encouraged to do some other act of penance on those days.

Almsgiving

"In the matter of almsgiving not only the rich and affluent but also those of average means and the poor are able to play their part. Those who are unequal in their capacity to give can be equal in the love within their hearts." (Saint Leo the Great)

Almsgiving means making sacrifices of our time, our talent, and our financial resources to help those less fortunate than ourselves. While it includes donations of money to Operation Rice Bowl and other charities, it also involves a commitment to help our neighbors both near and far through works of service. Assisting homebound neighbors, visiting a friend in the hospital, and offering prayers for the dead can all be forms of almsgiving.

Paschal Triduum

HOLY THURSDAY, APRIL 1

Mass of the Lord's Supper
7:00 pm

Night Prayer

10:00 pm

Adoration following Mass until 11:00 pm

GOOD FRIDAY, APRIL 2

Church Open for Adoration

7:00 am

Morning Prayer

9:00 am

Confessions

12:00 - 2:00 pm

Celebration of the Lord's Passion

3:00 pm

HOLY SATURDAY, APRIL 3

Blessing of Food

10:00 am

Confessions

3:30 - 5:00 pm

Easter Vigil

7:30 pm

EASTER SUNDAY, APRIL 4

Masses at 6:30, 8:00, 9:30, 11:00 am
and 12:30 pm

Turn away from sin ...

... and be faithful to the Gospel.

Lent, Holy Week and Easter 2010

**Saint Timothy Church
3001 Levick Street
Philadelphia, PA 19149**



Lent 2010

Dear Friends in Christ,

On Ash Wednesday, February 17, 2010, we will begin the season of Lent. This special season is set aside for us to take stock of our relationship with Christ, and to hear again his invitation to “turn away from sin and to be faithful to the Gospel” (Mk 1, 15). As we receive the Sign of the Cross on our foreheads in ashes, we recall that we were first signed with the Cross at our Baptism.

By *prayer, fasting and almsgiving*, we strive throughout these forty days to be renewed and to be more faithful to our baptismal promises. We also pray in a special way with those preparing to receive the sacraments at the Easter Vigil. Throughout these upcoming forty days, we encourage you to take advantage of the opportunities for *prayer, fasting and almsgiving*, which this season provides.

Sincerely yours in Christ,
Father Stephen Leva
Pastor

Prayer

CELEBRATION OF MASS

Daily (Monday - Friday):

6:30 and 8:30 am

Wednesday: 7:00 pm

Saturday: 8:30 am

Saturday Vigil: 5:00 pm

Sunday: 6:30, 8:00, 9:30, 11:00 am
and 12:30 pm

SACRAMENT OF RECONCILIATION

Confessions: Saturdays: 3:45 to 4:45pm

Wednesdays during Lent

following 7:00 pm Mass (LC)

Penance Service:

Monday, March 29, 7:00 pm (LC)

STATIONS OF THE CROSS

Fridays: 7:00pm (LC)

Living Stations: Tuesday, March 30,
7:00 pm (LC)

SAINT JOSEPH TRIDUUM

March 17, 18, 19, 7:00 pm (LC)

EUCCHARISTIC ADORATION

Wednesdays: 9:00 am – 12:00 pm (LC)

SCRIPTURE STUDY

Tuesday evenings from
7:00 – 8:00 pm in the rectory

Ash Wednesday

BURNING OF PALM &

BURYING THE ALLELUIA

Tuesday, February 16

1:30 pm in the schoolyard

(*weather permitting*)

ASH WEDNESDAY SCHEDULE

Wednesday, February 17

6:30 am Mass

8:30 am Mass

10:30 am School Mass

12:05 pm Mass

5:00 pm Liturgy of the Word

7:00 pm Mass

Holy Week

PALM SUNDAY OF THE

LORD’S PASSION

March 28

Palm will be blessed and distributed at all Masses, which follow the normal Sunday schedule.

COMMUNAL PENANCE SERVICE

Monday, March 29, 7:00 pm

Following a prayer service, a number of compassionate and understanding priests will be available for individual confessions.